



The Monthly
Newsletter of
The Scuba Sports Club

May 2005

THE ANCHOR LINE

By Gregg Macaulay

Well, judging by the temperature outside, it must be time to dive! I went diving last weekend in Candlewood lake, where we will be diving as a club in May. The water temperature was only 46. For those of you with drysuits there is no excuse for not joining me on that dive. Those with wetsuits will need to be a little braver in joining the fun but I thought I would pass along a few tips to make your dive more enjoyable. First off, take a page from the way we dressed during our recent winter season. Layering is the best way to stay warm and the same applies in diving. If you have a single piece suit, wear a skin suit underneath, the same applies with a two piece suit. Maybe add a chicken vest or additional shorty. Remember that each additional layer will also require additional lead to counter the positive buoyancy.

Make sure your booties are tucked under the wetsuit. This cuts down on the water flowing in. You may want to add a little plastic electrical tape wrap around the bottom of the farmer john and booties to again cut down on water flow-through. This works well on your gloves also. Once suited up, dump warm water from a jug brought with you. Again, this traps the warm water in the suit and cuts down on the initial cold water trickle down your back upon entering the water. Also make sure you are using a cold water hood as the skirt helps provide a much better defense against the cold water than an open neck or warm water hood. As a wetsuit diver, it would be best to plan to be the last one in the water. Waiting for others as they adjust weight, fix gloves, clear masks, etc. does nothing but get you cold before even starting the dive. Remember to wait and add the warm water in your suit at the last minute.

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UPCOMING MEETINGS

May Meeting

8:00 pm, Wednesday, May 11, 2005

Wayne Fisch on the 2005 Northeast DIVE Challenge

This multimedia video presentation will focus on the 2005 Northeast DIVE Challenge, a unique underwater competition for scuba divers. The DIVE Challenge and the related Team Success training program provide participants with lots of fun and excitement as well as valuable dive training and skills. The winning team of six divers will earn a huge prize package, including \$4500 in cash, an expenses-paid dive trip to Belize, and a ton of dive gear. Come find out how!

Wayne Fisch is one of the founders of DIVE Challenge. He is a seasoned and enthusiastic local diver who really enjoys cave, wreck, and tech diving.

June Meeting

8:00 pm, Wednesday, June 8, 2005

Denise Mattia on the Encounters with u/w denizens and topside attractions from around the world

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Since our last newsletter, we've been saddened by news of the passing of Mitch Druck's father and Ann Marie Mazzucco's father. Mitch, Ann Marie, you and your families are all in our thoughts and prayers.

ANCHOR LINE, CONT.

Once on your dive, try to keep moving. Using muscles burns calories which produces heat. Remember your open water training and watch for any initial signs of your body telling you it's getting cold to avoid hyperthermia. If you start to shiver continuously, head back to your exit point. Once out of the water, get out of the wetsuit. If there is a breeze, standing around in your wetsuit causes you to act like a giant evaporative cooler. Get in warm clothes and remember to bring a warm coat and hat to put on. Make sure the coat is wind-proof.

If you plan on making a second dive, turn your suit inside out and let the sun and wind dry it. Make sure you bring plenty of warm water in containers that will keep it warm to fill your gloves and booties with prior to putting them back on. Once fully suited, add more warm water to your suit and enjoy your second dive. Remember, your core temperature still may not have recovered between dives, so plan on a shorter second dive.

Keep on diving!

Gregg

UPCOMING MEETINGS, CONT.

Denise Mattia, a New York-based freelance writer, photographer, and the American correspondent to *Scuba World Magazine* in the United Kingdom, is the recipient of two degrees in theatre and art and a grant for her work in reef conservation. Her worldwide travel features and photographs (topside and underwater) appear in national and international publications including *Sports Diver Magazine*, *DIVER Magazine* (UK), *Divers-Ocean Planet*, the *New York Daily News* travel section, *Scuba World* (UK), *Tauchen*, *Windsurfer*, and many more.

July Meeting
8:00 pm, Wednesday, July 13, 2005

Jason Heller on the **Asian Tsunami** and **Wakatobi, Indonesia**

We have a very special presentation by **Jason Heller**, founder of **DivePhotoGuide.com**. Jason and his fiancé were diving in Thailand during the

December tsunami and will give a short slide show of his firsthand account of the devastation in and around Phuket and Kaoh Lak, Thailand. Jason will also present images and information from one of the world's most remote and beautiful dive destinations, Wakatobi, in Southeast Sulawesi, Indonesia.

A veteran in the interactive marketing industry, Jason Heller has been invited to produce and present educational seminars to the dive industry for the last four years both in the US and in Asia. Jason, who is an avid diver and underwater photographer, recently launched DivePhotoGuide.com, an online resource that matches the needs of underwater photographers and videographers of all levels with the facilities of dive operators worldwide.

August Meeting
8:00 pm, Wednesday, August 10, 2005

Faisal Khalaf on **Diving Beirut, Lebanon.**

Video presentation of the HMS Victoria, a newly found and a unique vertical wreck, standing like a perfect skyscraper on its bow in 500' of water. Other wrecks presented in the video are the French Torpedo boat depicting huge torpedoes laying open in the water 220 ft deep, as well as other wrecks such as the National Star, The Lesbian, and the Russian Freighter. Awesome video footage of each wreck, including penetration and external survey.

Faisal Khalaf is an avid educator and explorer who has worked his way up through the ranks of the technical diving world. His exploration and research associated with some of the wreck expeditions has often resulted in deep explorations into wrecks in extreme conditions.

We are members...

Did you know that we are members of **LIDA** (Long Island Divers Association) and the **Wyland Foundation**? Ask **Gregg Macaulay**, **Don Reynolds** or **Paul Dengler** more about what this means to you as a scuba club.

DIVE SCHEDULE

Fort Wetherill RI- Saturday May 14th

Come join Rick at the northeast pre-mier dive site. Fort Wetherill is the one of the most popular dive sites for new divers and experienced divers alike. Fort Wetherill offers two protected coves which one or the other cove can be dove under almost any conditions. The two coves known as the deep cove and the shallow cove offer a variety of different sea life. One year in the shallow cove I witnessed the largest striper I have ever seen. On more than one occasion I have seen tropical fish. Come join Rick for a barbecue and some great diving. Ask Rick about the marine life in the coves, There is no one better to tell you where to look. Enjoy the waters of RI. Also take in the sights of Jamestown RI. Dive maps of the two coves are available from me upon request. Please confirm that you will attend. Please contact me by email at RBAKDIVE@AOL.COM. [Note: The Club will be supplying food for the dive, so we really need a headcount.]

Dikes Point Dive and Picnic Saturday May 28th

Come join **Gregg Macaulay** and me on Memorial Weekend for a barbecue and dive at Dikes Point in New Milford, CT. Come early to get a great spot. We will be there early so bring the coffee. The club will have hamburgers, hot dogs, soda, and water. Bring whatever you want. Join us for some outrageous dive stories. Hear how Zig got his nickname. Dikes Point is on the beautiful shores of Candlewood Lake. Last year we had more than 25 people attend. This is a family event so come join us. For you new members this is a great way to meet the old folks. Directions available upon request. Also we have a map available for those who plan to dive. Please contact me at rbakdive@aol.com if you plan to attend.

OTHER DIVES

Sat June 11 & 12—Cape Anne, MA
Sat, Sun June 25--Minnewasks State Park
Sat-Sat July 9-16--Dominica
Sat, Sun August 27 & 28--Seal Dive Rye, NH
Sat September 3--Dutch Springs, PA
Fri-Sun September 9-11--St Lawrence, Canada
Sat September 24-Ft. Wetherill, RI
Sat, Sun October 15 & 16--Seal Dive Rye, NH
Sat, Sun November 5 & 6--Cape Anne, MA

SOCIAL EVENTS

May – Children’s Hospital Walkathon May 15, registration 8am. Picnic at Storm King Sculpture Park Saturday 5/21. Memorial Weekend Bar-Be-Que. & dive 5/29.

June – Hartford, Ct canoe trip (under the city) Saturday 6/18

July – TSSC Picnic @ Todd’s Point 7/23 (a repeat of a terrific party!)

August – Canoe trip on the Delaware River, Saturday 8/6. Beach Cleanup w/Wyland (date and location to be announced)

WYLAND, CONT.

For those that haven’t seen this magnificent facility take the opportunity to stop in the hospital or join with us through Beneath The Sea and Ocean Pals and dedicate some time to some very special children and their families. The rewards you’ll receive are worth more than you can imagine. Wyland, thanks for being there !

Don Reynolds, VP

Area Dive Shops

This list is provided as a convenience. TSSC does not endorse any dive shop.

Aqua Visions Scuba Ltd.
126 Mamaroneck Ave, Mamaroneck NY
(914) 381-1884
AquaVisions.biz
info@aquavisions.biz

Captain Mike's Dive Center
530 City Island Ave, Bronx NY
(718) 885-1588
CaptainMikesDiving.com

Captain Saam's Scuba School
863 East Main Street, Stamford, CT
(203) 327-2822
capt-saam.com
captsaam@optonline.net

The Dive Shop
265 Federal Rd, Brookfield CT
(203) 740-9166
TheDiveShopOnline.com
Sherri@TheDiveShopOnline.com

Cougar Sports
917 Saw Mill River Rd, Ardsley NY
(914) 693-8877

Marsh Scuba Supply
91 Lauer Rd, Poughkeepsie NY
(845) 452-8994
MarshScuba.com
Marsh_Scuba@worldnet.att.net

Orbit Marine Sports Center
3273 Fairfield Ave, Bridgeport CT
(800) 395-3483
OrbitMarine.com
OrbitDive@aol.com

Pan Aqua Diving
460 West 43rd St, New York NY
(800) 434-0884
PanAqua.com
NYstore@PanAqua.com

Pan Aqua Diving
461 Federal Rd, Brookfield CT
(888) 388-3483
PanAqua.com
CTstore@PanAqua.com

Rex Dive Center
144 Water St, Norwalk CT
(888) 260-DIVE (3483)
RexDiveCenter.com
DiveShop@RexDiveCenter.com

Scuba New York
2037 Central Park Ave, Yonkers NY
(914) 779-2966
ScubaNewYork.com
Info@ScubaNewYork.com

Westchester Dive Center
500 North Main St, Portchester NY
(914) 937-2685
WestchesterDiveCenter.com

AQUAWOMEN DIVE

APRIL MEETING REVIEW

LIDA'S ANNUAL AQUAWOMEN DIVE Sunday, August 7, 2005

At the time of this writing, there are still some spots left for LIDA's Annual Aquawomen Dive. Join history as women divers of the Northeast gather celebrating their importance to Northeast Wreck Diving. This year's dive will again feature a trip to the *U.S.S. San Diego*, site of the first AquaWomen dive. The operating depth of the dive is from 70 ft-115 ft, making this an ideal site for both novice and experienced divers.

The dive will take place aboard the dive boat *Lockness* with Captain John Gorman and his Crew out of Freeport, Long Island. Boarding is by 6:00 AM, departure time is 6:30 AM. Discounted cost for this two-tank dive is \$80.00 per diver. Captain John and his crew will supply hotdogs and hamburgers as well as a blender for "post second dive revelry." Bring along something to put on the barbeque or other culinary delight to share. Soft drinks will be supplied by LIDA.

For further information and reservations, contact **Kay Sanchez** by e-mail (kayjoy28@optonline.net) or by phone at 631-793-4972.

We did something different in April for our TSSC meeting. We started serving Tino's pizza at 7:30, and continued until the IMAX movie presentation of Michelle and Howard Hall's **Coral Reef Adventure** started. The bar area was full at 7:45 with glasses and bottles of beer being lifted, toasted and emptied. I don't think many of our members have tried the pizza yet, and from what I heard, it was an overall smash hit! Too bad that we ran out of the Italian beer Perone's. It must be very popular!

We had over 50 people arrive to see the movie, while not on IMAX, it was pretty big. The music was from Crosby, Stills and Nash (maybe Young was in there too) so we were all grooving thru the movie.

As divers, we know how important keeping the reef's healthy is to our sport and to the wellbeing of the planet. Non-divers that went to see this movie hopefully became aware of how little changes can affect the big picture, both in positive and negative ways. By being aware of this, and knowing how many new treatments are being found in the sea, we can save ourselves in the future, by investing in our oceans and reefs now.

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TSSC SCRAPBOOK 2005

Sunday, April 17th brought 5 crafty people together in Brewster to make a spectacle from out pictures. The second annual TSSC scrapbook workshop began. After picking 5-10 photo's each, we cropped, clipped, cut, edged, and mounted, bordered, accented, and finally affixed. The final touch was to label the pages with names, dates, places and anecdotes. Got you interested? I hope so. Join us next year for a new scrapbook workshop.

Thank you. **Dawn Buthorn** from **Creative Memories**, for presenting these great ideas. Thank you **Hope Bak** for opening up your home. Thank you **Estella, Gloria,** and **Kim** for attending. Everyone went home with thank you gifts, and beautiful scrapbook pages.

Submitted by: **Pat Forgacs**

APRIL MEETING, CONT.

If you can find this movie in DVD, buy it, and share it with our non-diving friends. The more people we put on our team, the better off the generations are behind us. It has great music, beautiful scenery, and it educates us without effort.

Submitted by: **Pat Forgacs**

TSSC CLAM BAKE

June 8th Clam Bake

When was the last time you were at a real, honest to goodness Clam Bake?! Not for a while? Not for a LONG WHILE? Well, here is your lucky day!

We are putting together a clambake dinner, out on the Patio at Tino's in June, before the regular meeting! (Around 5:30 to start) We don't have it ready to post yet, so look for updates.

The essence of it is: Steamers, potatoes, corn-on-the-cob, lots of napkins, lots of butter, and we are working on lobsters too!

Anyone that is willing to help out with this, or has any more idea's to make this more fun, let me know ASAP!

Get out your clam digger shorts, flowered shirts, straw hats, and let's have fun! Call Pat Forgacs @ 203/743-2282 or e-mail: greenmermaid@sbcglobal.net

The Maria Fareri Children's Hospital 1st 5K Walk the Walk

May 15, 2005
Registration 8am -10:30am
Event starts 9:30 to 10:30
More info:
<http://mariafarerichildrenshospital.wcmc.com>

Get a sponsor sheet from TSSC meetings, or BTS meetings

Or call Pat Forgacs 203/743-2282
Or e-mail Pat greenmermaid@sbcglobal.net

Tee-shirts \$10.00 at the event or see Pat. We have some ordered with the Beneath the Sea name on them. Limited supply.

Sponsor a walker. Be a walker, and get sponsors Volunteer you time at the event (go to website) Double your fundraising dollars thru company's matching programs

THIS JUST IN...

As we go to press, we have just learned that the Town of Southold (Long Island) is planning to sell a 15-acre parcel of land that includes Clark's Beach (a.k.a., Secret Beach) in Greenport. For decades, Clark's Beach has been an important shoreline access point for divers and fishermen.

One of the possible buyers of the property is Suffolk County, in which case, public access to the site would probably continue. However, if the property is sold to developers, it is likely that this shoreline access would be lost in perpetuity. We'll have more info on this over the coming months.

THE SCUBA SPORTS CLUB OPEN HOUSE 2005

This years Open House was attended by almost 40 people. But the big winner for the club was the attendance of 4 dive shops. Orbit Marine, Marsh Scuba, Captain Saam's Scuba, and a big attendance from Captain Mike's made the evening a great place to be, to look at the possibilities for the 2005 diving year! The door prizes overflowed the table.

We received a few new memberships in during the dinner, and gave out a few more applications to prospective new members.

The list of sponsors are as follows: DAN (Divers Alert Network), Captain Mike's Dive Center, Saam's Scuba School, Orbit Marine, Marsh Scuba, The Dive Shop (Brookfield), Don Reynolds, Bob Bak, PADI diving, Scuba Pro, Dive Rite, and Ego Jesters.

The dinner was terrific! Thank you Lisa and **Mike** at Sabatino's! The tables were decorated with tropical fish and tropical flower straws and picks. Each guest got a fish keychain that lights up. There were lots of memorable items from past events such as oriental fans, bookmarks, and noisemakers.

Rick D'Amico gave a "brief" history of this 30 years young club. Rick is proud of the fact that he has been a member for half his young life.

DAN sent brochures and dive stickers, as well as pens for everyone. The dive shops brought info for us to get diving. And we rolled out the Children's Hospital 5K Walkathon on May 15, 2005. (See article).

The Scuba Sports Club showed DVD movies from club trips on our new digital projector. We are in the 21st century, and The Scuba Sports Club is ready for it.

The list of sponsors are as follows: DAN (Divers Alert Network), Captain Mike's Dive Center, Saam's Scuba School, Orbit Marine, Marsh Scuba, The Dive Shop (Brookfield), Don Reynolds, Bob Bak, PADI diving, Scuba Pro, Dive Rite, and Ego Jesters.

Thanks to all the teamwork that made this evening a success!

Thanks to all the members and prospective new members that joined us on their night. We hope you all enjoyed the company and the festivities.

Thanks to all the dive shops and organizations that donated door prizes and attended! You made a fun event, really great!!!

Karen Macaulay was the evening's photographer. Thanks Karen.

Thank you Abatino's for putting together a wonderful dinner.

Submitted by: Pat Forgacs

WYLAND NEWS

March 17, 2005, the day before Beneath The Sea was to open, **Wyland** made a special appearance at the Maria Fareri Children's Hospital at the Westchester Medical Center to work with some budding young artists !

Wyland arrived from Florida at Newark Airport where he was met by **Roy Narducci**, BTS Director of Guest Relations, and whisked to the Children's Hospital where the lobby had been prepared for the children to paint pictures of whales, dolphins, an octopus and a very special lionfish.

As we watched the child painting that "special lionfish" began to take shape. Then we learned that Christopher had done his homework. In his lap was a sketch pad with a drawing he had made of the lionfish that resides in one of the big tanks in the lobby. He knew Wyland was coming and was ready to provide all the competition Wyland could handle ! As Wyland painted a pair of kissing bottlenose dolphins which turned into a heart) he worked with each child on developing their individual pictures. Wyland's completed picture was donated to the Children's Hospital to be displayed with all the children's artwork.

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Rick D'Amico, Editor
P.O. Box 401
E. Setauket, NY 11733



Our Next Meeting Will be on
Wednesday, May 11th at:

Tino's Italian Steak House
101 Saw Mill River Rd.
(Rt 9A)
Hawthorne, NY